

Mechanical Project Manager — Commercial & High-Rise Mechanical Construction

20+ Years in Commercial Mechanical Construction | Budget & Contract Administration • Field Supervision • Large-Scale, Long-Duration Projects

20+ YEARS COMMERCIAL MECHANICAL CONSTRUCTION EXPERIENCE	50+ STORY MIXED-USE TOWER CURRENTLY UNDER MANAGEMENT	3 EMPLOYERS IN 20+ YEARS (STABLE HISTORY)	\$20M+ PROJECT VALUE DELIVERED ON BUDGET
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REGION	Northeast U.S. (open to relocation)
CURRENT ROLE	Project Manager, commercial mechanical contractor
TARGET ROLE	Mechanical Project Manager
EXPERIENCE	20+ years commercial mechanical construction and project management
CORE STRENGTHS	Commercial mechanical, high-rise, budget/contract administration, client management, field supervision
CURRENT PROJECT	Large mixed-use residential/commercial high-rise (~2-year duration)
PROJECT TYPES	Commercial construction, high-rise residential, mechanical systems, cooling towers, pumps, chillers, renovation/fit-out
TEAM LEADERSHIP	Supervises field teams and coordinates superintendents and vendors across all project phases
EDUCATION	Bachelor's degree
EMPLOYMENT HISTORY	Three employers across a 20+ year career (stable)
RELOCATION	Open to relocation for the right opportunity
COMPENSATION	\$180k Per Year

CANDIDATE OVERVIEW

This candidate is a commercial mechanical construction professional with more than 20 years in the industry and a notably stable career across three employers. In their current Project Manager role they oversee commercial mechanical construction projects end to end — managing budgets and project delivery, leading field teams, and serving as the primary liaison between the company and its clients.

Their project experience is concentrated in commercial construction and high-rise residential work, spanning mechanical systems, infrastructure, cooling towers, pumps, chillers, and renovation and fit-out scopes. They are currently managing the mechanical scope on a large mixed-use residential and commercial high-rise — an approximately two-year project — reflecting comfort with large-scale, long-duration work.

Across their career they have built a strong foundation in budgeting, client relationship management, vendor coordination, and contract administration. They work alongside project superintendents and vendors on implementation and execution, monitor teams on site for safety and schedule compliance, and ensure projects are delivered on time, on budget, and to client and code standards. Earlier in their career they delivered roughly \$20 million of work effectively and within budget while progressing through supervisory roles.

They pair hands-on field supervision with the account-management side of project delivery — identifying client needs, communicating proactively, and following up daily on project status. Holding a bachelor's degree, they are a steady, relationship-driven project manager who has spent their career keeping complex commercial mechanical projects on track, and are open to relocation for the right opportunity.

KEY STRENGTHS

- 20+ years of commercial mechanical construction experience
- Exceptionally stable work history — three employers over two decades
- Strong commercial and high-rise mechanical project background
- Currently managing a 50+ story mixed-use tower (large-scale, long-duration)
- Mechanical systems depth — cooling towers, pumps, chillers, mechanical infrastructure
- Budgeting, contract administration, and project cost/ROI analysis
- Client relationship management and vendor coordination
- Field supervision — coordinates superintendents, vendors, and crews across all phases
- Safety and building-code compliance orientation
- Bachelor's degree
- Experience with renovation, fit-out, and new-construction delivery

SKILLS CHECK LIST

- Manages commercial mechanical construction projects from planning through delivery
- Develops and manages project budgets, cost/ROI analysis, and project financials
- Administers contracts and contract negotiations
- Oversees procurement and vendor coordination
- Serves as primary point of contact between company, client, and stakeholders
- Coordinates project superintendents, field teams, and vendors across all phases
- Conducts on-site supervision to track schedule, safety, and quality
- Enforces safety requirements and building-code compliance
- Manages mechanical systems scopes — cooling towers, pumps, chillers, mechanical infrastructure
- Delivers large-scale, long-duration commercial and high-rise projects
- Manages renovation, fit-out, and new-construction work
- Reads and interprets project documentation and scope

Interested in an interview?

I've spoken with this candidate directly and they're a steady, experienced commercial mechanical PM with a genuinely stable track record — 20+ years across just three employers, currently running the mechanical scope on a major high-rise tower. Strong on budgets, contracts, client management, and field supervision, and motivated to talk for the right opportunity. Contact me and I will release the full candidate details and coordinate a first-round Teams interview.